



Upcoming Events

- June 4 7:00 pm - Troop Meeting
 - June 11 7:00 pm - Committee Meeting
 - June 18 6:30 pm - COURT OF HONOR
 - June 24-30 Sandling Beach #4, Falls Lake
 - June 25 7:00 pm - Troop Meeting
- Summer Camps:
Powhatan & Claytor Lake
NO MEETING

Junior Leader training

May 4, 2012

The 'extended' PLC, which included the Assistant Patrol leaders, met at GSLC from 6:30-9:30 pm, to review and discuss what is important to achieve in Troop leadership. After a review of how a Troop is organized, the Scouts worked to apply 'EDGE'- style techniques to first learn, and then teach, specific orienteering skills to each other. Discussion on how teaching skills could be improved then occurred. We took a break for some pizza, and then discussed what personality characteristics are important in any good leader. We then continued our teaching techniques, and then finished up the evening with a game of 'baseball' Scout trivia. The Scouts attending were Alex W, Edward Y, Chris M, Adam A, Stephen S, Nalin G, Joe M, Robert F, Griffin S, Josh H, and Charlie W. Adult leaders present were Scoutmasters Murrell and Stroup.

Baileywick Park Meeting

May 8, 2012

This meeting focused on helping the newer Scouts start working on their Tenderfoot physical fitness requirements, TF10 a, b. Those Scouts who had already satisfied this requirement helped the others go through the exercises, which include sit-ups, pull-ups, standing long-jump, ¼-mile run/walk, and push-ups. Scouts working on this also need to continue physical fitness during the month, and then test their skills again to measure any improvement. All the Scouts seemed to have a good time with the activities.

AWARDS & RECOGNITIONS???

We would like to recognize any and all of our Troop 28 Scouts who received Awards or Recognitions this year in our July Troop Newsletter!

Please submit the information/stories to
scouter28@mindspring.com

Lake Norman & USNWC Campout

May 18-20, 2012

Leaving Raleigh around 5:45 pm, we traveled to our State Parks campsite on the north end of Lake Norman, north of Charlotte. Arriving just before the gates closed at 9:00 pm, Scouts carried their gear in.



Troop 28 2012 Campout & Activities Dates

June	24-30	Boy Scout summer camps
July	27-29	Sliding Rock Campout
August	24-26	Beach ? Campout
September	21-23	Grandfather Mtn. Campout
October	5-7	Grayson Highlands backpacking
November	16-17	Umstead Park Campout
December	5	Troop Activities



Troop 28 T-shirt Design Competition

Calling all Troop 28 Scouts! Time to redesign the logo for Troop 28's Class B t-shirt. The design needs to be done in black and white on an 8x10 sheet of paper. The design needs to include a design for the back of the shirt and a smaller design for the front (placed in the upper left hand corner of the shirt). It can also include a design for the hat.

The design needs to be Boy Scout appropriate (making reference to scouting activities or ideals; such as Oath, Law Motto, etc) and needs to include Troop 28 and Raleigh NC somewhere in the design.

Designs need to be submitted to Debbie King at the June 4 Troop meeting.

Judging will be by the scouts at the Court of Honor on June 11th.

There will be a prize awarded to the chosen design as well as a small treat for that person's entire patrol.

Any questions may be submitted to Debbie King at debking@nc.rr.com

NEW

Morse Code Interpreter Strip

Boy Scouts of America released the Morse Code Interpreter Strip, an official patch for Scouts and Scouters who can demonstrate their ability to "speak" this special language.

Morse Code joins languages like Spanish, French, Italian, German, Japanese, Arabic, Chinese, Hebrew, Sign Language, and several others as interpreter strips available for wear on Scout uniforms (above the right pocket).

- Carry on a five-minute conversation in Morse Code at a speed of at least five words per minute.



The patch design spells the message M-O-R-S-E

- Copy correctly a two-minute message sent in Morse Code at a minimum of five words per minute. Copying means writing the message down as it is received.
- Send a 25-word written document in Morse Code at a minimum of five words per minute.

Packet Dinners for the Campfire

Oriental Chicken: Place 1 boneless, skinless chicken breast sliced in strips and 1 cup frozen vegetables in center of foil. Combine 2 teaspoons soy sauce, dash garlic salt, sprinkle cayenne pepper (optional) and 1 tablespoon brown sugar. Drizzle over chicken and vegetables, wrap.

Breakfast Nest: Prepare one thin sausage patty made from lean country sausage, place on foil; add 3/4 to 1 cup frozen hash browns creating a nest in center; add one egg to the nest; wrap. Sprinkle with grated cheese just before serving.

Glazed Ham: Place one carrot thinly sliced or cut into thin julienne strips on foil, salt and pepper to taste; place 1/2-inch slice of ham on top carrots; place a slice of pineapple on ham; drizzle with 1 tablespoon honey, wrap. Try substituting sliced sweet potato for the carrot.

Ranch Chicken: Dip one boneless, skinless chicken breast in melted butter then in 1 packet Ranch dressing mixed with 3/4 cup corn flake crumbs and 3/4 cup grated Parmesan cheese, place on foil. Add sliced strips summer squash and bell peppers, wrap. Sprinkle with grated cheese just before serving. (NOTE: One packet dressing mixed as above will coat 4 to 6 chicken breasts.)

Baked Apple: Slice apple in half, remove core creating a hollow in center of the apple. Place a tablespoon of brown sugar in hollow, sprinkle with cinnamon, and dot with butter. Wrap.

Orange Cupcakes or Muffins: Slice top off orange and scoop out the pulp leaving the rind intact (eat the pulp). Prepare cake or muffin mix; fill orange hollow 3/4 full with mix. Wrap.

Traditional Foil Dinner: Place thin hamburger patty in center of foil. Add thinly sliced carrots, potato cubes, and rings of onion, salt and pepper to taste, wrap. Sprinkle with grated cheese just before serving.

Seasoning Variations: Try one or more of the following in the savory packets: garlic salt, season salt, lemon pepper, 2 or 3 tablespoons cream mushroom soup, Italian seasoning, BBQ sauce, sprinkle Worcestershire sauce, chili powder, curry, steak sauce, etc. (experiment)

Foil and Cooking Tips:

Use heavy-duty aluminum foil, place shiny side in, spray with nonstick spray to prevent sticking. Create foil packets by wrapping foil around food using a drug-store wrap: Use foil 3 times the width of the food. Fold sides up creasing foil at edge of food. Keeping edges together, make a 1/2- to 1-inch fold and crease. Fold 2-3 times

Troop 28 Website

www.troop28raleigh.org

Almost certainly, you have visited the Troop website at some point. Scouts and parents alike often use the site to learn about merit badges, rank advancement, high adventure, or to access the troop newsletter.

Troop information to be included in the next newsletter should be submitted to
scouter28@mindspring.com

TROOP 28 EAGLE CORNER



Eagle-Required Merit Badges. A scout must complete a total of 21 merit badges for the Eagle Rank (in addition to other requirements). Twelve of these badges are **REQUIRED**, the other nine can be badges that the boy selects. All badges are listed in the Boy Scout Book in the Merit Badge Chapter.

The following are Eagle **REQUIRED**:

Camping, Citizenship in the Community, Citizenship in the Nation, Citizenship in the World, Communications, Environmental Science, Family Life, First Aid, Personal Fitness, Personal Management, (Emergency Preparedness **OR** Lifesaving), (Cycling **OR** Hiking **OR** Swimming).

Please note that the last two have some choices. For example, a boy can complete Emergency Preparedness or Lifesaving to satisfy the Eagle requirement. Of course, a boy may choose to complete both of these badges. In this case, one would count towards the Eagle-Required badges, the other would count towards the total of twenty-one.



North Carolina Eagle Scouts

Attention all Eagle Scouts and Eagle Scout Alumni. 2012 is the 100th Anniversary of the Eagle Scout Award. Our council is making a special effort to engage even more Eagle Scouts and Scouting Alumni this year. There is an initiative at the state level for recognition of Eagle Scouts in the state of North Carolina. A group has set up a website with lots of great information. Eagle Scouts are encouraged to enter their data on the website.

http://nceagles.com/NC_Eagles_Home.html

Chris M's Eagle Project

Chris M's Eagle Project has been approved by Council. He will be leading the Landscaping project to install irrigation and plants along the back side of the Fellowship Hall at Good Shepherd Lutheran Church. Watch for Work Day notifications and please sign up to help.



May Meetings' Summary

May 1, 2012

Regular Meeting

May 8, 2012

Meeting at Baileywick Park

May 15, 2012

Regular Meeting

May 22, 2012

Regular Meeting

May 29, 2012

PLC

"I do not think there is any other quality so essential to success of any kind as the quality of perseverance. It overcomes almost everything, even nature."

-- John D. Rockefeller

Quiz Question:

What Merit Badge is depicted?



Celebrate North Carolina Sports

Sat., June 9 - 11 a.m.-3 p.m. - Free! - For all ages!

Walk, jump or run to this activity-filled event!

- See famous NASCAR stock cars
- Get tips on sports from rugby to roller derby
- Watch the Bouncing Bulldogs jump rope team
- Take the basketball-shooting challenge
- Taste-test tasty tailgating recipes
- Go on a hunt through the exhibit *North Carolina Sports Hall of Fame*
- Enjoy much more!



2013 BSA JAMBOREE

July 15th-24th, 2013. <http://www.ocscouts.org>

Summit Bechtel Reserve

www.BSAJamboree.org

July 15th through July 24th, 2013

The 2013 National Scout Jamboree will be the first at the Bechtel Summit, and will offer unique opportunities focusing on the adventure of Scouting.

Boy Scout Leaders

Training sessions are offered throughout the year. Leaders are encouraged to take any courses available, and may attend courses offered in or out of Occonechee Council.

1. **Orientation (Fast Start)**
2. **Youth Protection Training**
3. **This Is Scouting**
4. **Position-Specific Training**
5. **Introduction to Outdoor Leader Skills (ITOLS)**
6. **Advanced courses (see below)**
7. **Supplemental courses (see below)**

Fast Start - This training is self directed through the use of a video available from the training chairman, or over the internet. Fast Start is a quick, easy way to orient yourself to the branch of Scouting you'll be working with.

Youth Protection - The Boy Scouts of America places the greatest importance on creating the most secure environment possible for our youth members. To maintain such an environment, the BSA developed numerous procedural and leadership selection policies and provides parents and leaders the following online, video, and print resources for the Cub Scout, Boy Scout, and Venturing programs.

This Is Scouting - All leaders take this basic training. It is an overview of the BSA and your place in it. NLE includes: youth development, the purpose, aims and methods of Scouting, policies of the BSA toward safety and youth protection, and other information you'll need to start out. Once you have completed Fast Start, Youth Protection, Leader Specific Training, and This Is Scouting, you have earned the "Trained" patch, and can proudly wear it on your uniform.

Position Specific Training -

- **Scoutmaster/Assistant Scoutmaster Specific**
- **Troop Committee Training**
- **Introduction to Outdoor Leader Skills (ITOLS)**

Advanced - These courses are available to all Scout Leaders, but may have pre-requisites for enrollment. They are designed to develop the leader's capabilities to enhance their unit's program. Some examples are:

- **Wood Badge for the 21st Century** - a personal development course for Cub and Boy Scout Leaders
- **Powderhorn** - a resource management course for Venturing Leaders
- **Sea Badge** - a development course for Sea Scout Leaders
- **Philmont Scout Ranch** - offers various courses year round

Supplemental

- **Roundtables**
- **BALOO (Basic Adult Leader Outdoor Orientation)**
- **University of Scouting**
- **POW-WOW**
- **Safety Afloat**
- **Safe Swim Defense**
- **Council Extravaganza/Program Kick-Off**
- **National Camp School**

Meet the Committee Members

Debbie King

1. When did you join Troop 28?

My son joined the troop at the end of February when his pack had their crossover

2. What have you done with the troop?

I have only attended some troop meetings and one COH.

3. What are you focusing on now?

I will be more active on the sidelines with the committee. I am currently taking over the Uniform closet/t-shirt sales. Just recently participated in my first Board of Review.

4. What are your favorite activities?

I like to read, sew, scrapbook and have recently taken up running (still not sure if I like that). I enjoy traveling and playing tennis.

5. Any words of advice for the Scout parents?

For new parents, especially those coming from a cub scout environment that is totally adult led, don't be afraid to let your scout spread his wings. We learn more from "our failures" than we do from "our successes". We all want to protect our children from painful/unpleasant experiences, but those too can be very important learning opportunities.

So encourage your scouts to step out of their comfort zone and support them fully when they do. Scouting is a wonderful program that allows the boys to develop and grow into adults to be proud of.



SCOUTMASTER'S CORNER

Crab Behavior

It is interesting how crabs think and work together. I've gone crabbing on the west coast. You can put a crab in a bucket about 12 inches deep and it will easily reach up over the lip of the bucket and succeed in climbing out. But an interesting thing happens when you have 2 or more crabs in the same bucket. As the first crab reaches up to pull itself out and starts to succeed, the other crabs reach up to pull the other crab back into the bucket. They will each take turns trying to climb out while the other crabs spend their time pulling the crab that is having success back down into the bucket.

Are you a crab?